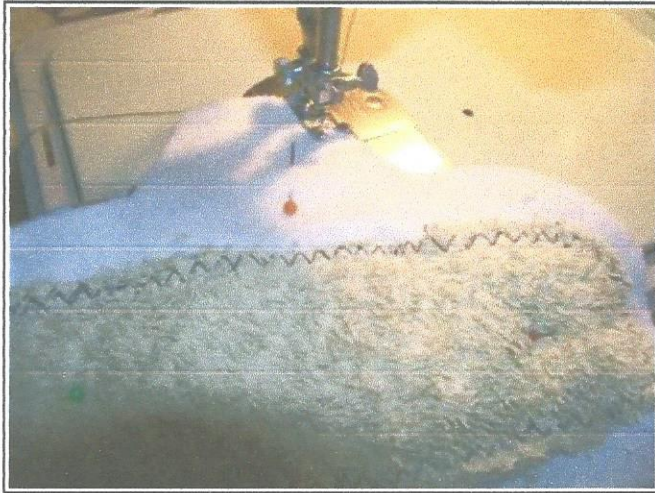
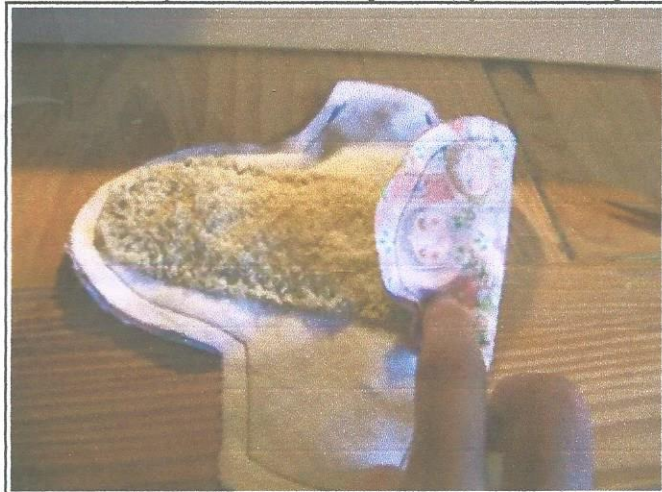


5 – Sew in straight stitch around all pad (on wrong side of pretty outside fabric) at about 0,5 cm (1/4") from edge, starting at one end of one « wing » so as to leave an opening at the end of this wing to turn pad inside out.



Cut any excess fabric around seam if needed, and snip into corners of wings.

6- The pad is now nearly done; you can only see the «wrong sides».



Turn pad inside out : Because the opening is not very large, start with pushing one end of the pad through the opening. With a little patience you should be able to turn it inside out nicely without tearing any seams. Now you can see your pretty outer fabric on both sides. The side with the visible zigzag stitch is the bottom of the pad (the one you won't see, in contact with your underwear).

7 – Tuck inside fabric of open wing and pin. Push fabric along inside seams, and pin in place to have a nice clean edge around your pad.

